

## Key Elements of PDH Patient Care

### Identify if health concerns are deployment-related

- Ask screening question: **Deployment related? Yes/No/Maybe**
- Establish partnership with patient (risk communication)
- Document post-deployment concern in chart and code ADS
- Between initial visit and follow-up, research exposure/concern; consult [www.PDHealth.mil](http://www.PDHealth.mil)

### Triage patients and seek to reach a working diagnosis

- Perform evaluation of history, ancillary tests, assessments, records review
- Identify patient problem type
  - Asymptomatic with concern (algorithm A1, box 9)
  - Unexplained symptoms (algorithm A2, box 14)
  - Diagnosis established for concern (algorithm A3, box 29)

### Manage asymptomatic patients with health concerns

- Provide reassurance and education (risk communication)
- Research as needed
- If concern persists, re-evaluate and consider consults



## Key Elements of PDH Patient Care (Side Two)

### Manage patients with established diagnosis

- Document diagnosis
- Identify appropriate disease management guideline
- Initiate appropriate treatment plan
- Provide patient education and risk communication
- Collaborate with DHCC as needed
- Follow-up with patient per disease-specific guidance or as appropriate

### Manage patients with unexplained symptoms

- Re-evaluate data; consult with colleagues
- Reinforce patient-clinician relationship
- Provide information about unexplained symptoms
- If acute or progressive symptoms, do appropriate ancillary studies
- Consider specialty and/or second opinion consults and referrals
- Consider collaboration with DHCC via phone, e-mail or Web
- Monitor changes in status
- Follow-up for continuity of care

